

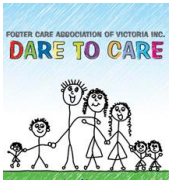


“Mad, Bad or Sad?”

The Practice of Care

Wednesday 1st of September 2010

9.00am: Registration
9.30am- 3.30pm: Seminar
3:30pm- 4.00pm: Questions



Traumatised and abused children can be hard to understand and even harder to work with, their attitudes and behaviour can challenge even the most skilled workers, carers, teachers, therapists and helping professionals. There are approaches that work with these kids but success is dependent upon adults understanding the real reasons behind their behaviour and tailoring their interventions accordingly. The practice of successful care requires more than love or good intent. There is a science involved. This seminar will explore the 'science of care' and explore a smorgasbord of practical strategies you can implement into your day to day work with children and young people that will promote positive change and foster hope for these kids.

Some of the specific material that will be covered includes:

- Why do children need to break the 'rules' and how to tailor an appropriate response i.e. Punishment vs. Discipline. Should they always be confronted when they act out?
- The process of behaviour modification through maximizing the use of consequences.
- How traumatized children experience adult direction and why it calls for a different approach.
- Differentiating between 'mad', 'bad', and 'sad' behaviour and knowing what to do next.
- Insights into lying behaviour and how to change it.
- Useful and not so useful responses to children's behaviours.
- Prevention as a management strategy
- Compassion as a behaviour management strategy
- Professional self-care. Keeping the chaos where it belongs.

Gregory Nicolau is a Melbourne based Consultant Psychologist, Psychotherapist, Family Therapist and Supervisor with more than 25 years experience of working with challenging and traumatized children and their families.

Gregory runs a successful private practice providing consulting and training services to community service organisations, government agencies and the education sector, with an emphasis on helping workers and carers develop a reflective practice model for behaviour change. Currently Gregory is writing his first book, *Who Cares, Wins*.

“Mad, Bad or Sad?” The Practice of Care

This training is designed for carers and staff that work with children and young people in out of home care

Gregory's depth of knowledge in this area combined with his fresh and enthusiastic presentation style make this a workshop not to be missed for every professional working with challenging kids.



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Tea & Coffee, Morning Tea and Lunch provided

Please advise upon registering whether you have any specific dietary requirements

Free to all Carers and Staff of Child and Family Services (CAFS),
Ballarat Aboriginal Co-op and Lisa Lodge

\$45 for all other participants

Places are limited so make sure to book early

Location:

Ballarat Leagues Club at Saxon House
Located at City Oval, 1431 Mair Street
Ballarat

Please RSVP by 25th of August to:

Christina Fay

E-mail: cfay@caf.org.au

Phone: 03 5337 3333



Lisa Lodge